

# Family Connects

10-week programs



**Starting October 1, 2**

**Two Group Offerings:  
Tuesday or Wednesday  
6:30pm-8:00pm**

**Ages 4-6 and 7-10**



Our 10-week program is a sensory-rich, attachment focused, and trauma-informed experience led by a multidisciplinary team who utilize Trust Based Relational Intervention (TBRI) and sensory integration.

**Children** engage in interactive activities, while learning to manage their bodies and emotions, how to express needs in a healthy manner, and experience felt safety with trusted caregivers.

**Caregivers** and **parents** will join a supportive environment. Strategies learned are coordinated with the children's program for greater success. Families experience new **calm, connection, contentment, and changed behaviors.**

**Coordinated Parenting Group *and* Children's Group  
to Benefit the Family As A Whole.**



This program was made possible with funding from UMass Memorial Medical Center.

**Ask Us About Funding Sources!**

**Email [info@centerforfamilyconnection.org](mailto:info@centerforfamilyconnection.org) for questions or to enroll**